



**CHOR Youth and Family Services
Wellness Committee Meeting Notes**

January 5, 2026

Attendance:

1. Dave Bush-Food Service Director
2. Two Residential Students

Topics:

1. Upcoming News-Discussed the addition of whole milk.
2. Residents requested the addition of more soups to the menu.
3. Residents New Suggestions:
 - a. Residents requested more chicken sandwiches (dinner only).
 - b. Requested using less vegetables in the soups and stews, however, Food Service Director explained the nutritional requirements that must be met according to our policies.

Next meeting:

February 2, 2026



CHOR Youth and Family Services Wellness Committee Meeting Notes

February 2, 2026

Attendance:

1. Dave Bush-Food Service Director
2. Two Residential Students

Topics:

1. Residential students expressed appreciation for the addition of the whole milk. The Food Service Director reminded them that it is only approved for lunch.
2. Residents enjoy different soups during the winter season.
3. Residents New Suggestions:
 - a. Residents requested “spicy mustard and “hot honey” added to the daily condiments.

Next meeting:

March 3, 2026



CHOR Youth and Family Services Wellness Committee Meeting Notes

March 3, 2026

Attendance:

1. Dave Bush-Food Service Director
2. Two Residential Students

Topics:

1. Residential students discussed oatmeal and there seems to be varying opinions on the desire for oatmeal.
 - a. Residents prefer only chocolate chips
2. Residential students expressed appreciation for the custom toppings for dinner tacos, burgers and hoagies.
3. Residents New Suggestions:
 - a. More variety with snack plates.

Next meeting:

April 10, 2026



CHOR Youth and Family Services Wellness Committee Meeting Notes

April 10, 2026

Attendance:

1. Dave Bush-Food Service Director
2. Two Residential Students

Topics:

1. The wellness committee discussed change (due to warmer weather) from oatmeal to bagels and cream cheese with fruit salad.
2. Continued to discuss alternative suggestions for snacks and expressed liking the new oven baked chicken nuggets.
3. Residents New Suggestions:
 - a. Custom Individual Pizzas

Next meeting:

May 8, 2026