



# SAFEGUARDS FOSTER CARE



## PROGRAM OVERVIEW

**CHOR Youth & Family Services-SafeGuards** uses Evidence-Based SMART GOAL Development, trauma focused programming to develop and maintain behavioral safety for children, adolescents, and the community.

The premise of the program is that early detection and intervention of aggressive social behaviors can prevent the development of lifelong deviant and irresponsible behavioral (and potentially criminal) patterns.

The initial forensic evaluation and assessment period provides the information to make appropriate foster home placements, develop a treatment plan with realistic goals, and clear prediction of placement length and reduction of the risk of future offenses.

CHORYFS-SafeGuards clients receive both treatment and case management services. The agency also utilizes Clinical Polygraphs as part of its supervision of youth placed in the program as well as in-home video monitoring.

The goal of the supervision is to identify and describe the specific type, frequency and seriousness of dysfunctional behaviors so that the most effective interventions can be employed to achieve the most desirable outcomes.

*SafeGuard Foster Care aligned with CHOR Youth & Family Services to introduce a NEW robust continuum of residential and community programs and services. By joining together, we enhance our impact and offer multiple levels of care that promote meaningful and sustained well-being for the children, youth, and families we serve. Together, we work to cover all of your referral needs.*

### Evidence-Based Practices and Therapies Available:

- Cognitive Behavioral Therapy*
- Trauma-Focused Cognitive Behavioral Therapy*
- Evidenced-Based SMART GOAL Development*
- Motivational Interviewing*
- Aggression Replacement Training*
- Dialectical Behavior Therapy*
- Eye Movement Desensitization and Reprocessing*

## 24-HOUR CARE & SAFETY

*Serves male adolescents from  
12-21 years of age  
Contracts throughout Eastern  
and Central PA*

### CHOR YOUTH & FAMILY SERVICES- SAFEGUARDS FOSTER CARE

220 N. Fifth Street, Reading PA 19601  
P: 610.372.1484 • F: 610.372.8807  
2450 Brodhead Road, Bethlehem PA 18020  
P: 610.997.0123 • F: 610.997.7611

## CHOR

YOUTH & FAMILY SERVICES

1010 Centre Avenue, Reading PA 19601  
P: 610.478.8266 • F: 610.478.8094



*We take pride in challenging the obstacles our foster children face and gladly work toward a better future for each one.*

**CHORYFS-SAFEGUARDS IS A PROUD MEMBER OF THE PACTT ALLIANCE**

## **SUPPORTIVE INDEPENDENT LIVING**

### **“Building Skills to Build Lives”**

CHORYFS-SafeGuards Specialized Foster Care is determined to provide educational services that develop employability skills and prepare youth for sustainable careers.

CHORYFS-SafeGuards Supportive Independent Living Program provides juveniles with the support and service they require in order to help transition from adolescence into adulthood.

CHORYFS-SafeGuards is a proud member of the PACTT Alliance which offers at-risk youth support and resources for education, to ensure reduced recidivism and positive outcomes, as well as promote success and achievement in their work, schools and community.

CHORYFS-SafeGuards also offers an Independent Living Group for all youth 14 years of age or older that addresses issues that juveniles may face in the community and on-the-job to help them apply the treatment they have already learned and how to better navigate specific situations.

**.....TO MAKE A REFERRAL OR LEARN MORE.....**  
**Call 610.372.1484 during normal business hours.**

*CHORYFS-SafeGuards referrals are received from Pennsylvania Children and Youth and Juvenile Probation offices.*



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A copy of the official registration and financial information may be obtained from the PA Department of State by calling toll free, within Pennsylvania, 1-800-732-0999.

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