

# STRUCTURED TRANSITIONAL LIVING RESIDENTIAL

## STRUCTURED TRANSITIONAL LIVING .....

CHOR Youth & Family Services **Structured Transitional Living** program is a 16-bed licensed transitional therapeutic independent living program that will provide young men ages 14 to 20 years old, with a safe therapeutic home like environment. The program is located in Germantown, PA.

Youth can participate in home, school, work, and community events as any typical teenager would, and provides a solid foundation for the youth's social, emotional, and psychological growth while they gain a sense of belonging that they may have been missing throughout prior placements or home life.

The youth gain a sense of belonging through the process of normalizing their daily lives in the Structured Transitional Living program. This positive approach to their day-to-day functioning, as well as their future, allows them to stabilize emotionally, recognize and develop their talents and strengths, and begin to acquire the skills and assets required to successfully transition into self-sufficient young adulthood.

The **Structured Transitional Living** program will be seeking Pennsylvania Academic Career and Technical Training (PACTT) affiliation. The PACTT affiliation will provide additional opportunities for the youth to learn how to improve their academic career/technical skills while they are in the program. Youth will learn the employability soft skills, job skills training, work related services that will help support the youth achieve their academic and career goals.



## TREATMENT RATIOS.....

- **Master's Degree Clinician**-ratio 1:8.  
Individual therapy –1 session per week.  
Group therapy – 2 sessions weekly. Family therapy – at least monthly, but typically twice monthly.
- **Bachelor's Degree Case Manager**-ratio 1:8. Meets with each youth for a minimum of one hour on a weekly basis to provide age-appropriate life skills consultation.
- **Youth Behavioral Specialist II**-ratio 1:6/1:4 (1st and 2nd shift); ratio 1:4 (3rd shifts). Provides safety, supervision, reinforcement and support of youth's individual treatment and the behavioral management system.
- **Psychiatrist**-Psychiatric services can be arranged as needed by a third party for the ongoing treatment and monitoring of any medications the youth may be prescribed.

*"Caring for the needs of Children and Families in crisis, and preparing them for success in life, thereby strengthening the Quality of Life in the Communities we serve."*



## CRITERIA FOR ADMISSION .....

- ✓ Adolescent males between the ages of 14-20 years of age who are in the child welfare system and may be transitioning from a higher level of care
- ✓ Youth with an IQ of 65 and above (*basic self-help skills must be intact*)
- ✓ Youth with an IQ score below 65 will be considered on a case-by-case basis, with consideration to functional 5 impairments and ability to participate in treatment
- ✓ Youth who have been approved for this level of care

## SERVICES PROVIDED

- 24-hour supervised care
- Individualized Service Planning
- Case Management Services
- Psychological and Psychiatric Services (*available upon request*)
- Individual, Family & Group Therapy
- Independent Living Skills
- Family Visitation
- Therapeutic Leave
- Educational Services
- Recreational Services
- Life Skills & Social Skills
- Community Service
- Discharge and Aftercare Planning

## LENGTH OF STAY .....

The average length of stay is 6-9 months in the Structured Transitional Living Residential program and will be determined by the treatment team with the goal of successfully returning the adolescent to the community with appropriate support services in place.

## FUNDING SOURCES .....

- County Children and Youth Agencies
- County Juvenile Probation Offices
- Private Contributions



**CHOR Youth & Family Services has over 140 years of experience providing 24-hour care to boys and girls in need.**

### **Trauma Informed Care**

*CHORYFS is a Sanctuary Trauma Informed agency. Sanctuary is an EVERYBODY model which provides a guide for both how we run our organization and how we heal the youth we serve and those who care for them. Our Sanctuary model symbolizes CHORYFS's continuous commitment to creating a safe, non-violent therapeutic community for our youth, staff, and partners.*

### **Performance and Quality Improvement (PQI)**

*CHORYFS is committed to continuous quality improvement to ensure that we provide the absolute best care to the youth and families we serve. Using data we identify strengths and areas in need of improvement and create plans to spread best practice throughout the organization.*

## ..... READY TO LEARN MORE? .....

# Referral Hotline: 1.888.608.0789

*Preplacement interviews are routinely required prior to admission.*



Licensed by the PA Department of Human Services and the Department of Education.

Registration does not imply endorsement.

Equal Opportunity Employer.

Dedicated to Non-discrimination in Services.



A copy of the official registration and financial information may be obtained from the PA Department of State by calling toll free, within Pennsylvania, 1-800-732-0999.