



**CHORYFS Wellness Policy Committee 2024-2025**  
**5/1/2025 A G E N D A**

Committee Members:

Kim Fronina/Kitchen Director  
Ashley Hugg/ Marketing and Community Outreach Director  
Ellen Achey/ Head Teacher  
Ashley Miller/ Apis Wellness Coordinator  
Jill Troutman/Sr. Director of Advancement, Marketing and Communications

- 1.) Review Wellness policy, responsibilities/update/additions to add to wellness policy
- 2.) Nutrition Education/ Physical Education in the classroom-what is happening now? Changes for the next school year?
- 3.) Wellness Coordinator role and support that is offered to staff, students and outside families
- 4.) Exploration Eats and incorporating into education, wellness, etc.

Meeting will be twice a year. Next meeting will be scheduled in August 2025 prior to the new school year.



**CHORYFS Wellness Policy Committee 2024-2025**  
**5/1/2025, 3pm Teams Meeting Minutes**

Attendees:

Kim Fronina/Kitchen Director  
Ashley Hugg/Marketing and Community Outreach Director  
Ellen Achey/ Head Teacher  
Ashley Miller/Apis Wellness Coordinator  
Jill Troutman/Sr. Director of Advancement, Marketing& Communications  
Beth Cole/Head Nurse

- 1.) Review Wellness policy, responsibilities/update/additions to add to wellness policy. **All changes approved by the committee and will be updated and posted on the website. This will occur at each meeting prior to the new school year.**
- 2.) Nutrition Education/ Physical Education in the classroom-what is happening now? Changes for the next school year? **Ellen updated the committee, and all requirements are being met through health, physical education and nutrition is offered.**
- 3.) Wellness Coordinator role and support that is offered to staff, students and outside families. **As part of our services from APIS, Ashley keeps us up to date on current topics and is available as a resource for staff and clients.**
- 4.) Exploration Eats and incorporating into education, wellness, etc. **Kim, Ashley, Jill and program leadership will coordinate implementation at least twice per year.**

**Meetings will be twice a year. Next meeting will be scheduled in August 2025 prior to the new school year. Parents, clients, board and other team members will be invited to attend.**



**CHORYFS Wellness Policy Committee 2024-2025**  
**5/1/2025 3pm Zoom Meeting Attendance**

Name	Electronic Signature
Kim Fronina/Kitchen Director	<i>Kim Fronina</i>
Ashley Hugg/Marketing & Community Outreach Director	<i>Ashley Hugg</i>
Ellen Achey/ Head Teacher	<i>Ellen Achey</i>
Ashley Miller/Apis Wellness Coordinator	<i>Ashlee Miller</i>
Jill Troutman/Sr. Director Adv., Mktg & Communications	<i>Jill B. Troutman</i>
Beth Cole/Head Nurse	<i>Beth Cole</i>