

IN-HOME PROGRAM

OUR PROGRAMS

The **In-Home Program** provides therapeutic, high level of care services and supervised counseling to help youth involved with CYS or Probation. The Program targets youth with a variety of issues, including mental health disorders, sexually acting out behaviors, victimization, and family conflict. Our client driven, strengths-based program is designed to help youth and families avoid an ongoing cycle of self-destruction and reduce the likelihood of at-risk populations from becoming adult offenders.

PROGRAM SPECIFICS.....

TRADITIONAL PROGRAM:

Interventions help clients build upon the behavioral, relational, and emotional competencies that are essential for youth to succeed in family, school, and community life. The client may receive training in life skills, drug and alcohol prevention/intervention, anger management/emotional regulation, community/victim awareness, and interventions in other individualized areas. Services for families include parenting and communication skills, conflict resolution, and enhancing their capacity to understand the youth's needs. Service plans are developed and implemented in conjunction with the referral sources to meet the needs of the youth.

SPECIALIZED FAMILY-BASED PROGRAM:

The Specialized Family-Based Program provides intensive in-home and on-site family-based services for youth who are acting out sexually within a family system. This can be used as a step-down or intensive aftercare program for youth returning from residential placement. It could also be the first step in the youth's treatment following removal from the home; or with a safety plan while the youth remains in the home. Moreover, when there is more than one sexually acting out adolescent at home, this program provides the support and resources for families particularly if there are multiple victims but no perpetrator.



OUR OBJECTIVE

We strongly believe that children and adolescents should receive services in the least restrictive settings while maintaining community safety. The In-Home Program utilizes a freestanding community intervention model, a step-down from more intensive community programming, or as an aftercare component assisting with the transition of the youth returning to the community from residential placements.

"Caring for the needs of Children and Families in crisis, and preparing them for success in life, thereby strengthening the Quality of Life in the Communities we serve."



CHOR SPECIALIZED FOSTER CARE LEVEL V:

This placement is for offending youth who can not safely stay in their homes. An assigned Family Interventionist is responsible to make at least one direct contact per week with the assigned birth family or foster family. The youth sessions primarily focus on sex offense-specific psycho-education, prevention, and victimization, but also cover other life skills training. CHORYFS staff provides familial intervention to aid the family with inappropriate dynamics, discipline, communication, and conflict resolution, and promotes familial support and roles/responsibilities.

CHORYFS staff is on-call 24 hours a day to assist with issues/crises that may arise.

PROGRAM LENGTH.....

This varies depending on the complexities within the family and may last from six months to eighteen months and more. If the youth/family is not present for a scheduled session, there is at least one additional attempted contact made to make up for the missed session.

- **In-Home Services (IS):** Three contacts per week, two of which are individual and/or group sessions, one of which is a family session.
- **Family Program (FP):** Four contacts per week, three of which are individual and/or group sessions, one of which is a family session.
- **Intensive Family Program (IFP):** Five contacts per week, with typically two siblings in treatment. Two individual contacts per week for each sibling along with one family session per week.
- **Individual and Family Sessions:** Contacts dependent on referral source and treatment team. May be one or two contacts per week, may be one contact every other week, depending on needs of the client. This is typically used as a step down in treatment prior to discharge.



Over 4,000 children
and their families are
served through our
programs and
services!

CHOR Youth & Family Services
has over 140 years of experience
providing 24-hour care to boys
and girls in need.

Trauma Informed Care

CHORYFS is a Sanctuary Trauma Informed agency. Sanctuary is an EVERYBODY model which provides a guide for both how we run our organization and how we heal the youth we serve and those who care for them. Our Sanctuary model symbolizes CHORYFS's continuous commitment to creating a safe, non-violent therapeutic community for our youth, staff, and partners.

Performance and Quality Improvement (PQI)

CHORYFS is committed to continuous quality improvement to ensure that we provide the absolute best care to the youth and families we serve. Using data we identify strengths and areas in need of improvement and create plans to spread best practice throughout the organization.

.....NEED MORE INFORMATION?.....

Contact the Program Supervisor at 484.706.2307

Placement interviews are routinely required prior to admission.



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and the Department of Education.

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Dedicated to Non-discrimination in Services.

A copy of the official registration and financial information may be obtained from the PA Department of State by calling toll free, within Pennsylvania, 1-800-732-0999.

