

# Girls **RTF**

## RESIDENTIAL TREATMENT FACILITY

### UNIQUE CARE .....

The trauma focused **Girls Residential Treatment Facility (GRTF)** provides the highest quality professional care and treatment for teenage girls, ages 12 to 18, who are experiencing behavioral issues and mental health problems. In addition, CHOR Youth & Family Services provides a fully accredited, flexible academic program so that youth do not fall behind in school while receiving care.

CHORYFS's 14-bed residential setting allows teens to focus on their mental health wellness under 24/7 supervision. Trained staff support the youth in working towards their goals for treatment using a trauma informed approach.

Through a mix of a weekly routine of individual, group, and family therapy, experienced and caring professionals challenge and guide each youth to heal from trauma, develop self-awareness, and grow skills to manage their behavior and mental health long term.



### STAFF TRAINING .....

New Employee Development is inclusive of classroom and direct experience. Included in the training are modules covering the Sanctuary Model of Care, First aid/CPR, medication administration and behavior shaping.

### EDUCATION PROGRAM .....

We understand that school can be a huge stressor for many of our residents. We work closely with each child's teachers and parents to find the best curriculum and setting (i.e., virtual, on-campus, alternate programming) to keep them on track and follow all IEP's. Our teachers work alongside other staff to ensure each child receives the attention and support needed to succeed academically.



*"Caring for the needs of Children and Families in crisis, and preparing them for success in life, thereby strengthening the Quality of Life in the Communities we serve."*



## CRITERIA FOR ADMISSION.....

(some or all may need to be met)

- ✓ Adolescent females between the ages of 12 and 18 years of age
- ✓ Youth with an IQ of 65 or above (*basic self help skills must be intact*)
- ✓ Youth with an adjudication of dependency or delinquency
- ✓ Youth with a demonstration of mental health needs or behavior support

## SERVICES PROVIDED.....

- 24 hour supervised, structured, residential treatment
- Individualized service planning
- Case management services
- Psychological and psychiatric services
- Medical services including medication management
- Individual, group and family therapy
- Educational services
- Recreational services
- Discharge and aftercare planning

## LENGTH OF STAY.....

The average length of stay in the Residential Treatment Facility is 9-12 months, based on medical necessity. This is entirely dependent upon the client's commitment to the therapeutic process.

## FUNDING SOURCES.....

- Behavioral Health Care Organizations
- County Children and Youth Agencies
- County Juvenile Probation Offices
- Medical Assistance
- Private Contributions



**94%**  
of parents trust  
that their child is  
safe at CHOR.

CHOR PARENT  
SATISFACTION REPORT

**CHOR Youth & Family Services  
has over 140 years of experience  
providing 24-hour care to boys  
and girls in need.**

### **Trauma Informed Care**

*CHORYFS is a Sanctuary Trauma Informed agency. Sanctuary is an EVERYBODY model which provides a guide for both how we run our organization and how we heal the youth we serve and those who care for them. Our Sanctuary model symbolizes CHORYFS's continuous commitment to creating a safe, non-violent therapeutic community for our youth, staff, and partners.*

### **Performance and Quality Improvement (PQI)**

*CHORYFS is committed to continuous quality improvement to ensure that we provide the absolute best care to the youth and families we serve. Using data we identify strengths and areas in need of improvement and create plans to spread best practice throughout the organization.*

..... **READY TO LEARN MORE?** .....

**Referral Hotline: 1.888.608.0789**

*Preplacement interviews are routinely required prior to admission.*



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