

# APHP

## ACUTE PARTIAL HOSPITALIZATION PROGRAM

### OUR PURPOSE.....

CHOR Youth & Family Services Acute Partial Hospitalization Program (APHP) is a psychiatric program providing stabilization and treatment for children ages 5-18. The children who attend are experiencing severe psychiatric symptoms and emotional disturbance. The program operates year-round and consists of highly-structured therapy for 6 hours a day, 5 days a week.

### OUR PHILOSOPHY.....

The program is designed to treat clients and their family members in a holistic manner. The treatment team is made up of diverse professionals from psychiatry, social work, counseling, and nursing. The treatment team implements and evaluates individualized care for each client.



*"Caring for the needs of Children and Families in crisis, and preparing them for success in life, thereby strengthening the Quality of Life in the Communities we serve."*



## CRITERIA FOR ADMISSION.....

Partial Hospitalization must be recommended as the most clinically appropriate and least restrictive service available for the client referred to **APHP**. In addition, the referred individual must demonstrate severe symptoms (problematic behavior and/or severe functional impairment) in one or more of the following areas:

- ✓ Impulsivity and/or aggressive behavior
- ✓ Affect/functional impairment
- ✓ Psychosocial functional impairment
- ✓ Thought impairment or cognitive impairment (other than intellectual disability)

## SERVICES PROVIDED.....

- Individual, group, & family therapy
- Psychiatric evaluation
- Medication management
- Biopsychosocial assessment
- Behavioral assessment
- Substance abuse screening
- Individual mental health treatment planning
- Coordination of care
- Community outreach

## LENGTH OF STAY.....

The length of stay varies based on the individual needs of the client. The typical length of stay is 3 to 4 weeks. Our program maintains a close working relationship with the **CHORYFS's Residential Programs**, which can provide a number of intensive ancillary services, if necessary.

## FUNDING SOURCES.....

- Medical Assistance
- Most Health Insurance Plans



**CHOR Youth & Family Services** has over 140 years of experience providing 24-hour care to boys and girls in need.

### **Trauma Informed Care**

*CHORYFS is a Sanctuary Trauma Informed agency. Sanctuary is an EVERYBODY model which provides a guide for both how we run our organization and how we heal the youth we serve and those who care for them. Our Sanctuary model symbolizes CHORYFS's continuous commitment to creating a safe, non-violent therapeutic community for our youth, staff, and partners.*

### **Performance and Quality Improvement (PQI)**

*CHORYFS is committed to continuous quality improvement to ensure that we provide the absolute best care to the youth and families we serve. Using data we identify strengths and areas in need of improvement and create plans to spread best practice throughout the organization.*

## .....OUR REFERRAL PROCEDURE.....

**Referrals can be faxed to 610.478.8129 or by calling 610.898.4901**

**APHP uses the Commonwealth of Pennsylvania's Health Choices Behavioral Health Services Guidelines for Mental Health, and medical necessity criteria to determine appropriateness of referrals and admissions.**



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